



Drake High School Parent Events 2018 /2019

NOVEMBER 27, 2018, 6:30pm
Smith Rafael Film Center

I AM MARIS Teen Wellness Film Series

After a childhood of mounting anxiety, depression, and eating disorders, Maris is hospitalized to confront her illnesses. Struggling to cope once released, she finds solace in the healing powers of therapy, art, and yoga, becoming an instructor at just 16 and using her blog to promote self-acceptance.

For parents and teens
Presented by CFI Education and TUHSD Wellness

DECEMBER 5, 2018, 6:30-8pm
Tam Student Center

Resilient Families: Navigating Substance Use & Abuse through the Teen Years

Join Huckleberry Youth Programs and TUHSD Wellness to begin a dialogue between teens and their parents/caregivers about substance use and abuse. In this 90 minute workshop, we will introduce families to the landscape of teen substance use and abuse in Marin County, information about adolescent development, and strategies to help build communication and understanding between youth and their caregivers. Intended for caregivers and their teens to attend together, Resilient Families is intended as a first step in establishing a common ground around this pressing issue.

For teens with their parents/caregivers - come together. Maximum of 25 families.
Sponsored by TUHSD Wellness; Huckleberry Youth Programs; Combined Drake/Redwood/Tam event

This event is **SOLD OUT** but the same workshop will be held on Feb 13, 2019 at Kreps Conference Center

JANUARY 30, 2019, 6:30-8pm
Redwood High School

How to Talk With Your Child About Sexuality and Relationships

Join Sexual Health Educator Heidi Winig, from the Askable Parent for an interactive workshop for parents and caregivers to:

- create an on-going dialogue with your child at any age and any stage
- establish yourself as your child's main resource for these conversations
- gain tools for initiating conversations and answering sensitive questions
- identify your own values about sexuality and relationships

For parents/adults only
Sponsored by TUHSD Wellness; Drake/Redwood/Tam event

FEBRUARY 6, 2019
Drake Student Center

Summer Opportunities Fair

For Drake students, parents also welcome to attend
Sponsored by Drake's College & Career Center and The Drake Fund

MARCH 12, 2019, 6:30pm
Smith Rafael Film Center

THE MASK YOU LIVE IN Teen Wellness Film Series

Research shows that, compared to girls, boys in the U.S. are more likely to be diagnosed with a behavior disorder, prescribed stimulant medications, fail out of school, binge drink, commit violent crime, and/or take their own lives. The Mask You Live In follows boys and young men as they struggle to stay true to themselves while negotiating America's narrow definition of masculinity.

For parents and teens
Presented by CFI Education and TUHSD Wellness

MARCH 2019 - Date TBD
Drake Student Center

Gap Year Fair

For all TUHSD students
Sponsored by Drake's College and Career Center

April 30, 2019, 6:30pm
Smith Rafael Film Center

Teen Resilience – Film title TBA Teen Wellness Film Series

For parents and teens
Presented by CFI Education and TUHSD Wellness